

Medi Sense Clinic

ABOUT US

Medi Sense Clinic is designed to be the most dedicated and caring polyclinic, with various services, including Occupational Medicine, Preventive Medicine, Psychology and Mental Health Support, General Medicine, General Wellness Medicals, Corporate Wellbeing Programs, Adult Vaccination & Travel Medicine, Cardiology, Gynaecology, Laboratory, Radiology, Homecare Services, etc.

Our unwavering mission is to cater to the healthcare needs of corporate clients and their families, as well as individual patients in the United Arab Emirates and across GCC countries, with a particular focus on Occupational and Preventive Medicine.

The core service of the re-established Polyclinic is Occupational Medicine, but the focus will be to similarly develop all the other departments as support for Occupational Medicine services and as individual specialties, as well.

The vision of Medi Sense Clinic and its partners is to create unique dedicated high quality and safety-level medical services under one umbrella, available for all categories of possible clients, but mainly focusing on the corporate clients and their families, to have a one-stop services for all their medical concerns, and to reduce in such way the number of medical leaves, incapacitated working force and loss of working time and productivity.

With the clinic built up in an area of ~ 5000 sqft, it promises a unique ambiance for its customers and clients.

WHY MEDI SENSE CLINIC?

Leading team with more than 20 years of experience in Occupational Medicine and generally in the healthcare sector, the services rendered at Medi Sense Clinic will be with a commitment to offering the highest professional standards in the medical sector.

The staff at our clinic boasts extensive experience in delivering occupational, preventive, and general medical services backed by local and international certifications, licenses, and accreditations. Our panel of doctors at Medi Sense Clinic comprises individuals certified by OEUK/OGUK, approved by the MCA – ENG Seafarers, and recognized by the Bermuda Shipping and Maritime Authority, all with a background in Occupational Medicine. Our primary objective is to proactively prevent occupational and general medical conditions rather than merely treating them.

Medi Sense Clinic has a dedicated and experienced Medical Team, with years of expertise in Occupational, General Medical, Cardiology, Gynaecology and other medical specialties, working with professionalism and dedication.

The in-house basic laboratory services, with accurate and prompt results, will help doctors in deciding the correct diagnostics for their patients and will serve to provide medical reports and results in a timely manner, subsequently being able to provide the correct treatments and recommendations within each specialty.

Medi Sense Clinic, located in the heart of Dubai, has its address on Sheikh Zayed Road, The Curve Building, Level 1, Offices 23, 24, 25, and 26, with easy access through different transportation possibilities.

Easily accessible location by metro, bus, taxi, or private vehicles, Medi Sense Clinic is easy to reach from any part of Dubai, including the airports.

VISION AND MISSION

Vision

Medi Sense Clinic's vision is to become the preferred partner for the local and international corporate clients and their families, not only for the occupational health-related services but also for the other medical services provided within its scope of work, with a focus on maximum clients' satisfaction and by offering services at the highest standards of quality and safety, with the aim to continuously improve and develop.

Mission

Medi Sense Clinic is committed to:

- Understand and meet the requirements of its customers and strive to enhance their satisfaction.
- Apply the local, federal, and international related rules and regulations and corporate requirements, while strictly implementing, maintaining, and developing strong Quality Health and Safety Management Systems.
- Establish, implement, monitor, continuously improve and review the Quality Management System, through a set of Work Instructions, Standard Procedures, KPIs, measurable Objectives and Targets.
- Enhance updated and evidence-based technological services.
- Continuously improve the knowledge, and professionalism of staff and ensure that all employees are familiarized and compliant with the documented Quality System, and competent in performing their assigned duties.

SERVICES AND SPECIALITIES

SPECIALITIES AND PANEL OF DOCTORS

Occupational Medicine

General Medicine

General Medicine

Corporate Wellbeing Consultant & General Practitioner

Cardiology

Orthopedic

Gynaecology

Radiology

Laboratory

Dr. Laura Elena Tepelus

Dr. Adnan Mohd Kaddaha

Dr. Leonides Y Soria

Dr. Farah Ahmed

Dr. Moursi Hafez & Dr. Shahoo Mazhari

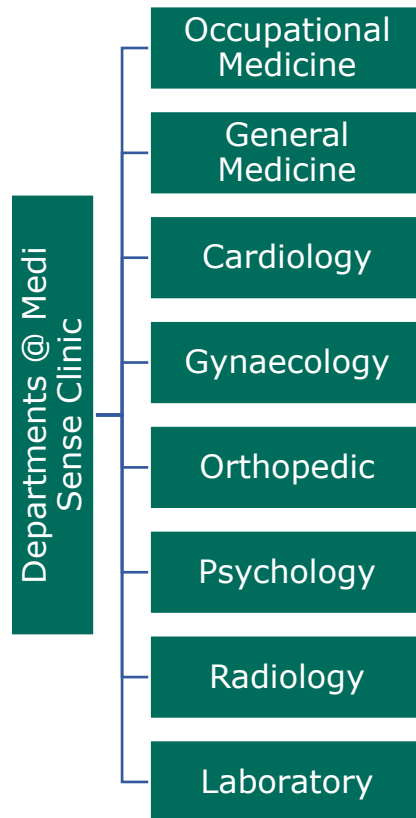
Dr. Farzad Ravari

Dr. Poopea Rezaeian

Dr. Hazem Eid

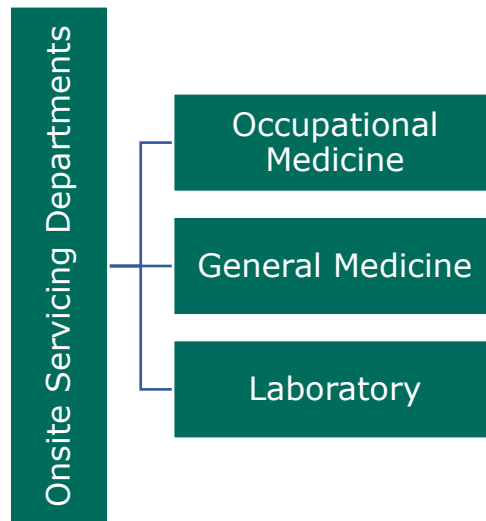
Dr. Laleh Khajehkarimoddini

Services at Clinic Premises



- Occupational health detailed consultations
- Pre-employment medicals,
- Offshore and seafarers medicals (OEUK/ OGUK/UKOOA, MCA ENG medicals, Bermuda Medicals, Carnival UK, NMD, ILO Convention 73, Belize, Panama, Vanuatu medicals etc.)
- Periodical medicals
- Occupational Health Assessment but not limited to Return to work medicals, Sports related medicals, Medical Fitness for Work
- Executive & Insurance related medicals,
- Adult Vaccination and Travel Medicine,
- General medicine services & Preventive medical services,
- Audiometry (Hearing screening), Spirometry (Lung function test), ECG & Stress tests (Treadmill),
- Routine eye tests including color vision and peripheral vision
- Drug and alcohol screening, Heavy metal screening, Occupational related toxicological tests, Functional capacity tests,
- Gynecology consultations, papsmear etc
- Cardiology consultations, 24hrs BP monitoring, TMT, 2D Echo, 24hrs Holter monitoring,
- Orthopedic consultations and services; pain management etc
- Laboratory and Radiology medical services,
- Corporate Wellness Programs such as Awareness and training programs, Psychological services – one to one sessions including seminars and workshops etc.

Services at Companies Premises & Homecare Services



- Workplace visit and assessment
- Occupational health consultancy: provision of advice on occupational, environmental and hazard control etc.,
- Sample collection: blood or urine sample for routine screening, heavy metals screening, occupational health or toxicology related tests,
- Urine Drug Screening
- Breath Alcohol test,
- Routine Glucose screening, Routine lipid profile screening etc
- Pulmonary function test,
- Hearing test
- Vaccination service
- Wellbeing campaigns and awareness programs,
- Mini- clinics at company premises, Medical camps
- Onsite Psychological workshops etc.

PANEL OF DOCTORS

Occupational Medicine Specialist

Dr. Laura Elena Tepelus

Dr. Laura Elena Tepelus is the founding member and Managing Director of Medi Sense Clinic and has been a pioneer in occupational medicine in the UAE since obtaining her DHA license as the first Occupational Medicine Specialist in the country in 2005. With over 20 years of experience in occupational, preventive, and offshore medicine, she is also certified in Aviation Medicine, Offshore Medicals, and Maritime Health.

Dr. Laura has worked extensively with corporate clients, providing high-quality healthcare services across multiple industries. Her expertise includes occupational and industrial toxicology, preventive medicine, and infection control. She is a certified internal auditor for ISO standards and a member of several professional organizations, contributing actively to occupational health standards in the region.

Her dedication to patient care, safety, and well-being, combined with her comprehensive experience, enables her to meet industry requirements with the highest standards of efficiency and care.

To know more about Dr. Laura Tepelus, kindly visit the link below:

<https://medisenseclinic.com/doctors/dr-laura-elena-tepelus/>

General Medicine

Dr. Adnan Mohd Qaddaha

Dr. Adnan Kaddaha, recognized in the "WHO'S WHO for Medical Professionals" in 1991, has extensive experience across various medical fields.

Specializing in Internal Medicine and Clinical Cardiology, he has served as Medical Advisor to the UAE Consulate in Karachi and has held prominent positions, including Director-General of the Arab Medical Centre.

As the founder of CEDARS – Jebel Ali International Hospital and Azure Industries FZCO, Dr. Kaddaha is a pioneer in healthcare innovation and education, continuously striving to transform the region into a leader in medical knowledge and practice. Dr. Adnan Kaddaha is also the founding member and Chairman of the Board of Directors at Medi Sense Clinic.

To know more about Dr. Adnan Kaddaha, kindly visit the link below:

<https://medisenseclinic.com/doctors/dr-adnan-mohd-kaddaha/>

Dr. Leonides Y Soria

Dr. Leonides Soria is a DHA-licensed General Practitioner with over 23 years of professional experience.

Since 2009, Dr. Leonides has been practicing in Dubai, UAE, offering general and occupational health services.

Dr. Soria holds an MBA in Healthcare Management from Geneva Business School and a Diploma in Occupational Medicine from the Royal Society for Public Health (RSPH) in the UK.

Dr. Leonides is also a certified Oil & Gas UK (OGUK) Examining Physician and an ISO-certified Internal Auditor. Dr. Soria is committed to maintaining high standards in patient care and occupational health, with certifications in BLS and ACLS.

To know more about Dr. Leonides Soria, kindly visit the link below:

<https://medisenseclinic.com/doctors/dr-leonides-soria/>

Corporate Wellbeing Consultant & General Practitioner

Dr. Farah Ahmed

Dr. Farah Ahmed is a seasoned General Practitioner with 15 years of experience in Corporate and Private Clinics across the UAE, Qatar, and Trinidad and Tobago. She holds postgraduate qualifications in Family Medicine and Occupational Medicine and is passionate about preventative health. Dr. Farah offers health and well-being consultations with a holistic approach, helping clients understand how their physical and mental health, as well as their work and social environments, impact their well-being. Her diverse experience includes working in internal and emergency medicine, corporate health promotion, and occupational health. She has served in various roles, including Medical Director at a private clinic in Qatar and a locum doctor in Emirates Airlines' Occupational Medicine Department. Now, she brings her expertise and shared vision to Medi Sense Clinic, where she continues to advocate for holistic health and well-being.

To know more about Dr. Farah Ahmed, kindly visit the link below:

<https://medisenseclinic.com/doctors/dr-farah-ahmed/>

Specialist Obstetric & Gynecologist

Dr. Poopea Rezaeian

Dr. Poopea Rezaeian is a highly experienced Obstetrician and Gynecologist with over a decade of dedicated service to women's health. She has successfully conducted more than 2,000 deliveries and performed a wide range of gynecological surgeries, including hysteroscopy, colposcopy, and hormone therapy. Her commitment to exceptional patient care is reflected in a remarkable 99% patient satisfaction rate. Dr. Poopea is fluent in both English and Persian, and her expertise extends across both clinical practice and academic endeavors. She is a member of the Iranian Society of Gynecology and has earned a professional diploma in aesthetic gynecology.

To know more about Dr. Poopea Rezaeian, kindly visit the link below:

<https://medisenseclinic.com/dr-poopea/>

Specialist Cardiologist

Dr. Mohamed Hafez Moursi

Dr. Mohamed Hafez Moursi is a Specialist Cardiologist with a Master's Degree from Ain-Shams University in Cairo, Egypt. With extensive international experience, he has worked in renowned medical facilities across Egypt, Saudi Arabia, the USA, and the UAE.

Most recently, Dr. Moursi has been serving as a Consultant Specialist Cardiologist at various hospitals and medical centers in the UAE. He is an active member of several prestigious cardiac societies, including the European Cardiac Society and the American College of Cardiology.

Prior to joining Medi Sense Clinic in January 2022, Dr. Moursi served as the Head of the Cardiology Department at Occupational Health International Clinic in Dubai, where he provided crucial support to the Occupational Medical Team for over a decade.

To know more about Dr. Mohamed Moursi, kindly visit the link below:

<https://medisenseclinic.com/doctors/dr-mohamed-hafez-moursi/>

Dr. Shahoo Mazhari

Dr. Shahoo Mazhari is a highly accomplished Specialist Cardiologist with extensive experience and expertise. He holds a Master's Degree from SBMU Tehran (Iran) and has made significant contributions to cardiology throughout various cities in Iran. Dr. Mazhari has served in key roles, including Specialist Cardiologist, technical assistant in Cath lab wards, and manager of cardiology departments, earning recognition from renowned healthcare facilities. He has also been a trusted cardiologist for the French Embassy in Tehran for over five years.

Prior to joining Medi Sense Clinic in July 2024, Dr. Mazhari held a senior position at Gandhi Hospital in Tehran and was actively involved with the Heart Department of the Social Security Organization in Tehran province. With 12 years of experience in diagnosing and treating cardiovascular diseases, Dr. Mazhari brings exceptional skills and a compassionate approach to patient care, making him a valuable asset to Medi Sense Clinic.

To know more about Dr. Shahoo Mazhari, kindly visit the link below:

<https://medisenseclinic.com/dr-shahoo-mazhari/>

Specialist Orthopedic Surgeon

Dr. Farzad Ravari

Dr. Farzad Ravari is a distinguished orthopedic surgeon with over 18 years of experience. He holds a Doctor of Medicine (MD) and a Master of Public Health (MPH) from Purdue University Global, USA, and a specialist license from the Dubai Health Authority (DHA).

Dr. Ravari is proficient in treating sports injuries, performing advanced orthopedic surgeries, and utilizing cutting-edge trauma management techniques. His expertise also extends to Platelet-Rich Plasma (P-PRP) therapy and the management of gait disorders and bone tumors.

Dr. Ravari is currently pursuing a Ph.D. in Rehabilitation Science at the University of British Columbia and has published significant research in the field. He joined Medi Sense Clinic as a Specialist Orthopedic Surgeon in August 2024.

To know more about Dr. Farzad Ravari, kindly visit the link below:

<https://medisenseclinic.com/dr-farzad-ravari/>

Specialist Radiologist

Dr. Hazem Eid

Dr. Hazem Hasan Eid is a Professor and Consultant of Radiology at the University of Alminofeyia, Egypt, with a Master's and MD degree from Alexandria University. He joined Medi Sense Clinic as a Specialist Radiologist in January 2022. Dr. Hazem has been associated with various multi-specialty facilities, including Occupational Health International in Dubai, where he provided crucial radiology support for occupational health, orthopedic, and general cases.

Before his clinical work, Dr. Hazem served as a Consultant Radiologist at Alqassimi Hospital in Sharjah, UAE, and as Head of the Radiology Department at Fakhry Hospital in Khobar, Saudi Arabia. He is also a member of the European Society of Radiology (ESR), the Saudi Society of Radiology (SSR), and the Emirates Society of Radiology (UAE).

To know more about Dr. Hazem Eid, kindly visit the link below:

<https://medisenseclinic.com/doctors/dr-hazem-eid/>

Clinical Laboratory Scientist

Dr. Laleh Khajehkarimoddini

Dr. Laleh has over 10 years of experience in roles such as Microbiologist, Head of Laboratory, Managing Director, Chief Internal Auditor, and Researcher at Cedars – Aster Jebel Ali International Hospital. With a strong background in healthcare management, clinical processes, and human resources, she is now focused on excelling in healthcare management as a career progression.

Dr. Laleh holds a Bachelor's degree in Microbiology from Iran and a Master's and Ph.D. from the University of Pune, India. Her association with Medi Sense Clinic since January 2022, has enhanced the quality of laboratory services offered to clients.

To know more about Dr. Laleh Khajehkarimoddini, kindly visit the link below:

<https://medisenseclinic.com/dr-laleh-khajehkarimoddini/>

INSURANCES ACCEPTED

All major insurance companies are empanelled with Medi Sense Clinic.



MetLife Alico



To know more about the network coverage, kindly visit the link below:
<https://medisenseclinic.com/health-insurance-companies/>

CLINIC CERTIFICATIONS

CERTIFICATE OF REGISTRATION

This is to certify that the Management System of

+MediSense

Medi Sense Clinic

The Curve Building, Sheikh Zayed Road, Al Quoz 3, Entrance C, Level 1, Office F 23 – 26, Dubai, United Arab Emirates.

has been assessed and registered by Gabriel Registrar as conforming to the requirements of :

ISO 9001:2015

Quality Management System

The Quality Management System is applicable to :

Polyclinic and Home Care Services.

CERTIFICATE NUMBER: GR23-301497
INITIAL CERTIFICATION DATE: 02-February-2023
CERTIFICATE VALID TILL: 01-February-2026

1st Surveillance due before: 01-February-2024 | 2nd Surveillance due before: 01-February-2025

Registered/Accreditation Office:
Accredited by
United Accreditation Foundation (IAAF)
480 North Center DR, STE 262, Norfolk,
VA 23502, United States Of America.



This certificate remains valid while the holder maintains the management system in accordance with the standards shown, which will be periodically audited as per the schedule mentioned above for its validity.
Loss of fullness or not set in the certification agreement may render this certificate invalid, in the absence of this certificate, Gabriel Registrar reserves the right to any party other than the client, and their only in accordance with the system certification agreement.
This certificate remains the property of Gabriel Registrar Certificate Issuing Services LLC and must be returned on request. Validity of this certificate may be confirmed at www.gabrielregistrar.com, directly through QR code by using any device with correct information or email to sovereign@gabrielregistrar.com.



For the issuing office
GABRIEL REGISTRAR
P.O. Box: 127272, Dubai, United Arab Emirates.

[Signature]

Authorized Representative



www.gabrielregistrar.com



ACCREDITATION CANADA
POWERED BY **HS** STANDARDS

MEDI SENSE CLINIC
DUBAI, UNITED ARAB EMIRATES

Congratulations on meeting international standards of excellence in quality care and service.

Qmentum International
GOLD*
December 2023 — December 2026



*Accredited for the standards listed in the Qmentum International Report

CERTIFICATE OF REGISTRATION

This is to certify that the Management System of

+MediSense

Medi Sense Clinic

The Curve Building, Sheikh Zayed Road, Al Quoz 3, Entrance C, Level 1, Office F 23 – 26, Dubai, United Arab Emirates.

has been assessed and registered by Gabriel Registrar as conforming to the requirements of :

ISO 45001:2018

Occupational Health and Safety Management System

The Occupational Health and Safety Management System is applicable to :

Polyclinic and Home Care Services.

CERTIFICATE NUMBER: GR23-301498
INITIAL CERTIFICATION DATE: 02-February-2023
CERTIFICATE VALID TILL: 01-February-2026

1st Surveillance due before: 01-February-2024 | 2nd Surveillance due before: 01-February-2025

Registered/Accreditation Office:
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For the issuing office
GABRIEL REGISTRAR
P.O. Box: 127272, Dubai, United Arab Emirates.

[Signature]

Authorized Representative



www.gabrielregistrar.com

AWARDS



TRUSTED AGENT OF RTA



for conducting occupational medical assessments to issue RTA Occupational Permits for Commercial Drivers
and for conducting Private Driving License Medicals.

STATE OF ART CLINIC







CONTACT US



MEDI SENSE CLINIC

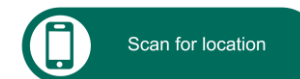
The Curve Building, Level 1, F 23 – 26, Sh. Zayed Road, Dubai, UAE.

Timings: Monday to Friday from 07:30 am to 04:30 pm, Saturday from 07:30 am to 1:00 pm.

Email: info@medisenseclinic.com

GPS: Latitude: N 25.162996919264245, Longitude: 55.23471659766251

Link: <https://maps.app.goo.gl/rSaPfYggoH95ZvM5A>



Thank You!