# -- Medi Sense



Medi Sense Clinic is a joint venture with a vision to serve unique high quality, and safety medical services at a one-stop facility, to aid all medical concerns of its customers.

Medi Sense Clinic is designed to be a dedicated and caring polyclinic with various services, including Occupational Medicine, Preventive Medicine, Mental and General Wellness Medicals, General Medicine, Adult Vaccination & Travel Medicine, Cardiology, Laboratory, Radiology, Homecare services etc.

Medi Sense Clinic was formerly known as Dr. Adnan Mohd Qaddaha Clinic, a General Medical Clinic open in the United Arab Emirates since the year 1981, and was re-established in the year 2021 as a Polyclinic, with the specialties mentioned above to serve corporate clients and their families, as well as the private patients within the region and those in transit through Dubai or those in the GCC Countries.



The core service of the re-established Polyclinic is Occupational Medicine. Still, the focus will be to similarly develop all the other departments as support for Occupational Medicine services and individual

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The vision of Medi Sense Clinic and its partners is to create unique dedicated high quality and safety-level medical services under one umbrella, available for all categories of possible clients, but mainly focusing on corporate clients and their families, to have a one-stop service for all their medical concerns, and to reduce in such way the number of medical leaves, incapacitated working force and loss of working time and productivity.

With the clinic built up in an area of  $\sim$  5000sqft, it promises a unique ambiance for its customers and clients.

#### WHY MEDI SENSE CLINIC?

Leading team with more than 18 years of experience in Occupational Medicine and generally in the healthcare sector, the services rendered at Medi Sense Clinic will be committed to offering the highest professional standards in the medical industry.

With an in-house DHA Licensed Occupational Medicine Specialist, OGUK, and Norwegian certified Doctor, Bermuda approved Medical Doctor, Medi Sense Clinic will serve all types of industries, including off-shore medicals.

Medi Sense Clinic has a dedicated and experienced Medical Team with years of expertise in Occupational, General Medicine, Cardiology, Corporate Wellness and other medical specialties, working with professionalism and dedication.

The in-house basic laboratory services, with accurate and prompt results, will help doctors decide the correct diagnostics for their patients and provide medical reports and results promptly, subsequently providing the right treatments and recommendations within each specialty.

Medi Sense Clinic, located in the heart of Dubai, has its address on Sheikh Zayed Road, Al Quoz 3, The Curve Building, Level 1, Offices 23, 24, 25, 26, with easy access through different transportation possibilities.

Easily accessible location by metro, bus, taxi, or private vehicles, Medi Sense Clinic, is easy to reach from any part of Dubai, including the airports.





# **VISION & MISSION**

#### **VISION**

Medi Sense Clinic's Vision is to become the preferred partner for local and international corporate clients and their families, not only for occupational health-related services but also for the other medical services provided within its scope of work, with a focus on maximum clients satisfaction and by offering services at the highest standards of quality and safety, to improve and develop continuously.

#### **MISSION**

Medi Sense Clinic is committed to:

- Understand and meet the requirements of its customers and strive to enhance their satisfaction.
- Apply the local, federal, and international related rules and regulations and corporate requirements while strictly implementing, maintaining, and developing strong Quality, Health, and Safety Management Systems.
- Establish, implement, monitor, continuously improve and review the Quality Management System through a set of Work Instructions, Standard Procedures, KPIs, measurable Objectives, and Targets.
- · Enhance updated and evidence-based technological services.
- Continuously improve staff knowledge and professionalism and ensure that all employees are familiarized and compliant with the documented Quality System and competent in performing their assigned duties.

#### **SPECIALTY & DEPARTMENTS**

Occupational Medicine Corporate Wellness

General Medicine Radiology

Cardiology Laboratory





### **SERVICES AT CLINIC PREMISES**

# **Occupational Medicine:**

Occupational health consultations: Including pre-employment medicals, periodical medicals, deployment medicals, return to work medicals, occupational health-related screenings, investigation of the causes of occupational impairment of health.

Preventive medical services: A large proportion of diseases and disorders, such as diabetes, hypertension, heart disease, and colon cancer, are preventable. Many modifiable health risks such as lack of exercise, poor nutrition, obesity, stress, and smoking are associated with increased healthcare costs.

Wellness programs: Either individual or corporate wellness programs and plans are developed for each patient/ corporate client, considering all requirements and based on gender, age, and job type. Under this category, evaluation starts from executive medicals, general medical screenings, as part of preventive medical services and can be extended to specifically designed corporate wellness programs, including the physical health aspect and the mental health, environmental, and family requirements.

General medical services: Including the diagnostic and treatments of acute diseases, management of chronic diseases, general screenings and treatments, etc.

Travel medicine and adult vaccination programs: For employees and their families, traveling either for business or personal purposes or for those who want to keep their routine vaccination up to date, as per World Health Organization (WHO) and CDC recommendations.

Mental health support: for employees and corporate programs for management of stress in the workplace.

#### **General Medicine:**

General medical consultations for acute and chronic medical conditions: diagnostic, management and treatment of common acute illnesses, as well as chronic conditions, such as:

- > high blood pressure
- diabetes
- > dyslipidemia
- thyroid dysfunction
- metabolic disorders
- > respiratory conditions
- > renal dysfunction
- > back pain etc.

Medical screenings and wellness medical check-ups: tests decided according to age, sex, and family history.

Mental health support: for patients and their families.

Support for Occupational Medicine.

## **Cardiology:**

General cardiological consultations: including non-invasive procedures such as 24 hours BP monitoring, 24 hours Holter monitoring, Treadmill (Stress Test), cardiac 2D echo, etc.

Cardiological preventive check-ups: evaluation of the short and lifelong cardiovascular risk score, laboratory and other investigations as recommended by Cardiologist Specialist from case to case, considering the age, gender, previous personal and family medical history, and consultation's findings.

Services on identifying cardiovascular risk factors or known cardiological conditions: hypertension, dyslipidemia, cardiac valvular disease, congenital heart diseases, rheumatic heart disease, fainting (syncope), fluctuating blood pressures, etc.

Heart problems associated with other medical diseases: diabetes, rheumatism, kidney or lung diseases, etc.

Support for occupational health-related cases.



# **Laboratory:**

Laboratory services include hematology, biochemistry, immunology, hormones, occupational toxicology-related tests, etc.

Support for proper diagnostic and treatment monitoring processes for all specialties.

# Radiology:

X-ray services for the head, thoracic, spine, abdomen, hips, and upper and lower extremities.

Ultrasound services include the whole abdomen, upper abdomen, KUB/KUB-prostate, pelvic Non-OB, OBG pelvis USG and transvaginal USG, thyroid, carotid & breast, and soft tissue tissues, cardiology, etc.

Support for proper diagnostic and treatment monitoring processes for all specialties.

# **SERVICES AT COMPANIES PREMISES**

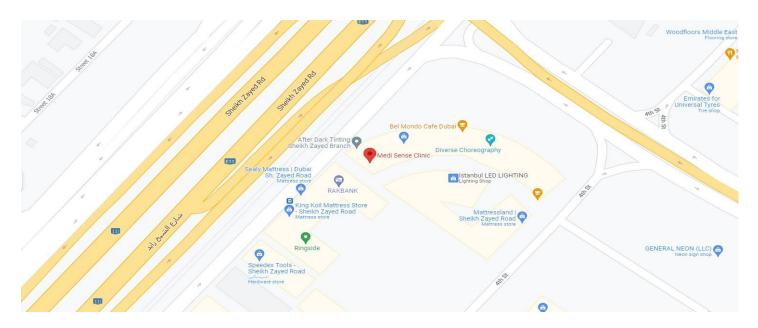
### **As part of Occupational and Preventive Medicine:**

- > Workplace visits: initiated for the medical provider to become familiar with the workplace conditions of the employees/ patients visiting and asking for occupational medicine-related services.
- Workplace risk assessments: provision of advice on occupational, environmental, and product hazard control.
- Sample collection: blood, urine, stool, etc.
- > Drug and alcohol screening.
- > Toxicology-related tests.
- > Wellbeing campaigns: medical camps onsite.
- > Awareness programs: educational occupational and general medical programs.
- > Mental health support: for employees and corporate programs for management of stress in the workplace.
- Mini-clinics at the company's premises etc.

# TO KNOW MORE ABOUT OUR SERVICES OR TO INQUIRE ABOUT SERVICES NOT LISTED ABOVE, PLEASE CONTACT US.



# **CONTACT US**



GPS: Latitude: N 25.162996919264245, Longitude: 55.23471659766251

# **MEDI SENSE CLINIC**

Sheikh Zayed Road, The Curve Building, Entrance C, Level 1, F 23 – 26, P. O. Box: 7277, Dubai, UAE.

# **Timings:**

Monday to Friday from 8:00 am to 5:00 pm Saturday from 8:00 am to 1:00 pm.

### **Contact:**

00971 4 380 98 03

# **Email:**

info@medisenseclinic.com

